

ROSHI'S WORDS:

Some Light-Hearted
Buddhist Babble

All things hold in their hearts
seed of opposing part:
rest holds activity,
from growth comes decay,
joy is but
one side of sorrow
and all has nothing contained.

Be Buddha Nature
pure nirvana
the secret passage
and mystic samurai blade.

Be ink dot
on burning paper
and meditate
on stillness within flame.



An-Yi: What good is talking about zen?

Bhāraté: (shrugging her shoulders) How should I know? In the long run,
what good is any human activity?

Chariya: Without sustained practice, talking about zen probably is likely
nothing more than a form of intellectual amusement.

- T Newfields

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