AGING

Some people age gracefully and gain beauty as their years pass by becoming smooth lamb skins & sweetly ripened wine

Others grow haggard
against the sharp teeth of thyme
becoming mutations of former selves
or parodies of life

The Art of Alchemy is to age with art and panache instead of bitterness or panic

So prepare thy elixir & learn the magick of experiencing moments slowly & fully: allow their flavours ta cum to life

Linda: Interesting to observe how various people age.

Lex: Yeah, some people battle time – others age gracefully.

Lis: We need to learn to listen to our inner clocks. Most folks aren't

listening to their own chronometers well enough.

Ron: (with a slight frown) Hmm. Perhaps so, but why this talk of alchemy?

Lex: (with a cryptic wink) Think of it as a metaphor for constructive change.