



**Linda :** Interesting to observe how various people age.

**Lex :** Yeah, some people battle time – others age gracefully.

**Lis :** We need to learn to listen to our inner clocks. Most folks aren't listening to their own chronometers well enough.

**Ron :** (with a slight frown) Hmm. Perhaps so, but why this talk of alchemy?

**Lex :** (with a cryptic wink) Think of it as a metaphor for constructive change.

- T Newfields

Beg.: 1993 Shizuoka Fin.: 2017 Yokohama

