

# **THE ART OF ROASTING:** *Advice for Connoisseurs of Life*

**Poets are at their best when perfectly in  
sane. Their insanity helps normal peo  
ple see a little bit more straight.**

**Artists are inspired when t  
hey go beyond what facades cl  
aim; ordinary people are content with Mon  
day mourning de-caf & McDonald McBoogers.**

**The world is much wider than  
we are taught to believe and in  
this laife I've tasted but a few dr  
ops ah Amazing Koffee sand  
whiched between inklings of  
bigger realities**

**Enough to know  
what's within each bean  
contains plenty ah wal  
lop 'n bliss if roasted  
then cooled a bit bee  
for flavors sink.**



*Ella:* Who's sane? Who's insane? There's something curiously political about that dichotomy.

*Juanita:* In fact, I'm not even sure that a dichotomy is warranted. I believe all of us navigate around a constantly changing spectrum of sanity and insanity.

*Ella:* Yeah, and unconsciously, most of us have a way of believing anything too far from our own views is insane. What I like about this poem is the way it points out how words can roast the soul. What is poetry but a fuel to ignite the mind?

- T Newfields

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